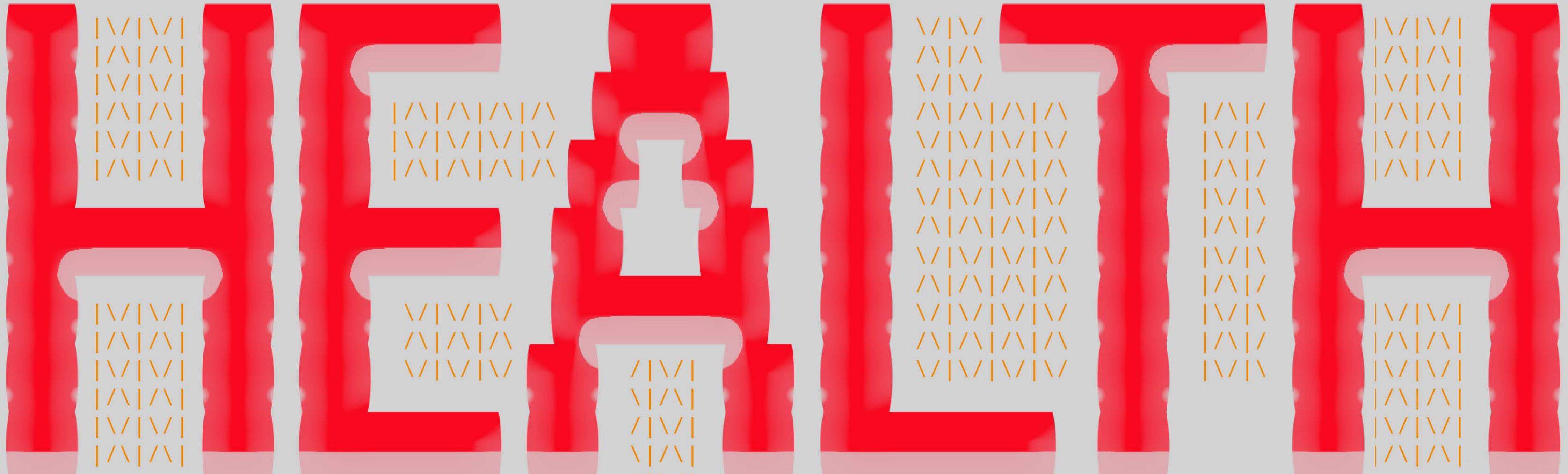




HTTP://WWW.RealDealOnFentanyl.COM HTTP://WWW.RealDealOnFentanyl.COM HTTP://WWW.RealDealOnFentanyl.COM

# THE REAL DEAL ON FENTANYL [2 OF 3]



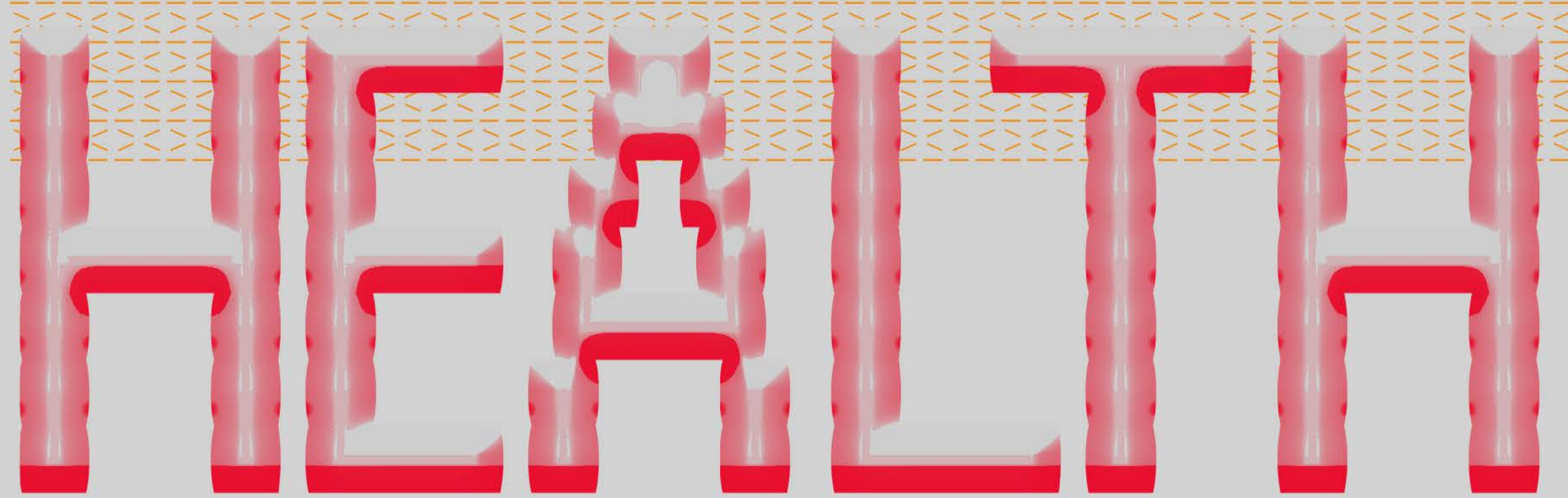
## HOW TO SAVE A LIFE

SubstituteDealers DON'T DIE HIGH

SubstituteDealers DON'T DIE HIGH

HTTP://WWW.RealDealOnFentanyl.COM HTTP://WWW.RealDealOnFentanyl.COM HTTP://WWW.RealDealOnFentanyl.COM

# THE LESSON:

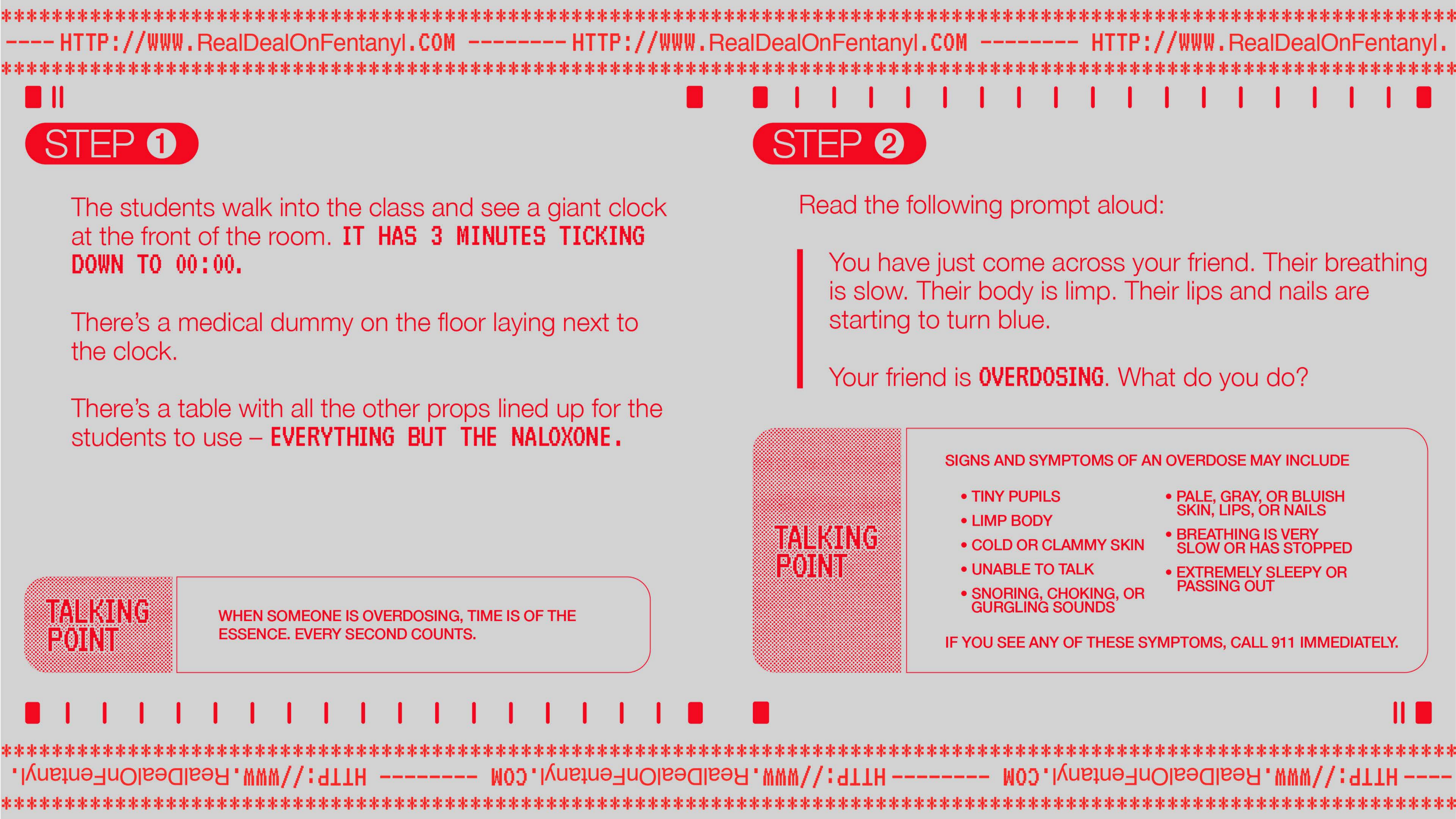


## WHAT YOU'LL NEED

1 MEDICAL DUMMY	6 GLASS OF MILK
2 GIANT VISIBLE TIMER SMART BOARD OR PROJECTOR)	7 OVER-THE-COUNTER PAIN MEDICINE (ADVIL, IBUPROFEN)
3 NALOXONE NASAL SPRAY	8 FIRST AID KIT
4 BOTTLE OF WATER	9 BLANKET
5 CUP OF ICE	

## PREP WORK

- 1 OBTAIN THE ABOVE MATERIALS
- 2 SET UP PROPS AT THE FRONT OF THE CLASSROOM. MEDICAL DUMMY AT THE CENTER. TIMER AND PROPS ON A TABLE NEXT TO THE DUMMY.



# STEP 1

The students walk into the class and see a giant clock at the front of the room. **IT HAS 3 MINUTES TICKING DOWN TO 00:00.**

There's a medical dummy on the floor laying next to the clock.

There's a table with all the other props lined up for the students to use – **EVERYTHING BUT THE NALOXONE.**

## TALKING POINT

WHEN SOMEONE IS OVERDOSING, TIME IS OF THE ESSENCE. EVERY SECOND COUNTS.



# STEP 2

Read the following prompt aloud:

You have just come across your friend. Their breathing is slow. Their body is limp. Their lips and nails are starting to turn blue.

Your friend is **OVERDOSING**. What do you do?

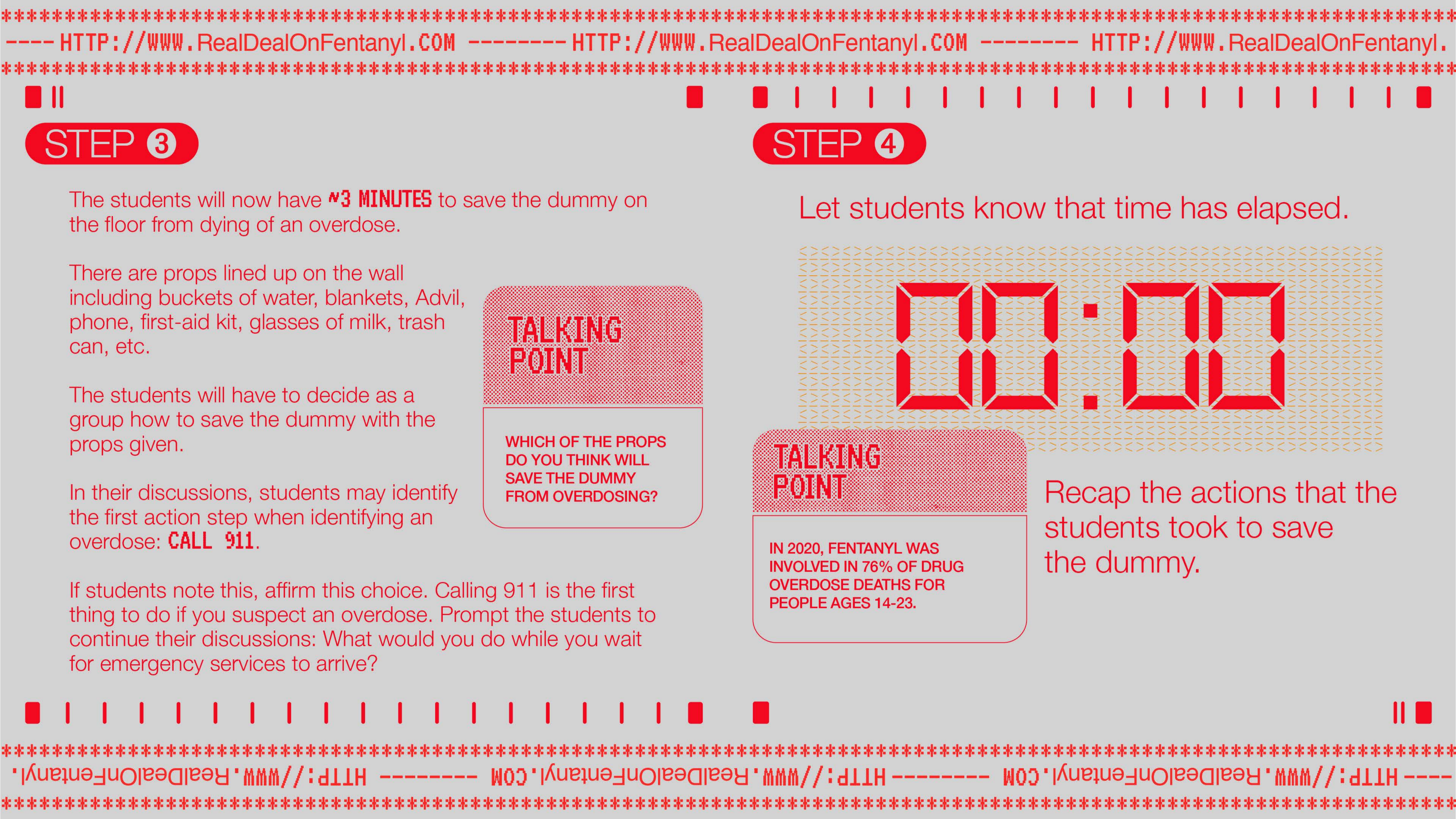
## TALKING POINT

SIGNS AND SYMPTOMS OF AN OVERDOSE MAY INCLUDE

- TINY PUPILS
- LIMP BODY
- COLD OR CLAMMY SKIN
- UNABLE TO TALK
- SNORING, CHOKING, OR GURGLING SOUNDS
- PALE, GRAY, OR BLuish SKIN, LIPS, OR NAILS
- BREATHING IS VERY SLOW OR HAS STOPPED
- EXTREMELY SLEEPY OR PASSING OUT

IF YOU SEE ANY OF THESE SYMPTOMS, CALL 911 IMMEDIATELY.





# STEP 3

The students will now have **~3 MINUTES** to save the dummy on the floor from dying of an overdose.

There are props lined up on the wall including buckets of water, blankets, Advil, phone, first-aid kit, glasses of milk, trash can, etc.

The students will have to decide as a group how to save the dummy with the props given.

In their discussions, students may identify the first action step when identifying an overdose: **CALL 911.**

If students note this, affirm this choice. Calling 911 is the first thing to do if you suspect an overdose. Prompt the students to continue their discussions: What would you do while you wait for emergency services to arrive?

**TALKING POINT**

WHICH OF THE PROPS DO YOU THINK WILL SAVE THE DUMMY FROM OVERDOSING?



# STEP 4

Let students know that time has elapsed.



**TALKING POINT**

IN 2020, FENTANYL WAS INVOLVED IN 76% OF DRUG OVERDOSE DEATHS FOR PEOPLE AGES 14-23.

Recap the actions that the students took to save the dummy.



■ || **STEP 5**

Educate students on the importance of knowing the signs of an overdose.

Explain the importance of calling 911 as soon as the signs of an overdose are identified.

Explain the existence of **GOOD SAMARITAN LAWS** - Sometimes people who are present during an overdose don't call 911 because they don't want to get the police involved. Today, most states have 911 Good Samaritan laws. **THESE LAWS PROVIDE LEGAL PROTECTION FOR PEOPLE WHO CALL 911 DURING AN OVERDOSE.**

Investigate the 911 Good Samaritan Laws active in your state.

■ | | | | | | | | | | | | | | | | ■ **STEP 6**

Educate students on **NALOXONE**, a medication that can reverse an opioid overdose.

Demonstrate how to administer naloxone:

- ① **PEEL OPEN THE CONTAINER.**
- ② **PLACE THE NOZZLE INTO THE PERSON'S NOSTRIL**
- ③ **PRESS THE PLUNGER TO RELEASE THE DOSE**

Research where and how naloxone may be available in your area.

**CONT.** ➔

**KEY TAKEAWAYS**

How to identify an **OVERDOSE**.

The importance of **CALLING 911** in the event of an overdose.

How to use **NALOXONE**.

**CONT.** ➔